

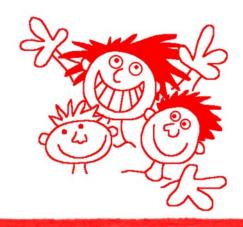
Weekly pack 56 26/04/21

# Thomas needed to see

Story and activities to do at home while we are unable to meet.

Don't worry if you don't do everything in here.

Just do what you fancy and have fun!



### This pack has been prepared by:

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Mae yna fersiwn Cymraeg ar gael hefyd

# Story



### **New Living Translation**

One of the twelve disciples, Thomas (nicknamed the Twin), was not with the others when Jesus came. They told him, "We have seen the Lord!" But he replied, "I won't believe it unless I see the nail wounds in his hands, put my fingers into them, and place my hand into the wound in his side."



Eight days later the disciples were together again, and this time Thomas was with them. The doors were locked; but suddenly, as before, Jesus was standing among them. "Peace be with you," he said. Then he said to Thomas, "Put your finger here, and look at my hands. Put your hand into the wound in my side. Don't be faithless any longer. Believe!"

"My Lord and my God!" Thomas exclaimed. Then Jesus told him, "You believe because you have seen me. Blessed are those who believe without seeing me."

John 20:24-29

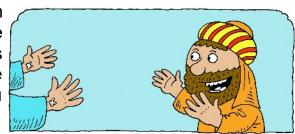
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### Simple Version

Thomas was not there when Jesus first appeared to the disciples. They told Thomas, "We have seen Jesus!" Thomas answered, "Until I see the holes in his hands I won't

believe you." A week later all the disciples were in the house again including Thomas. Jesus came among them and he called Thomas' name. Thomas looked at Jesus. Jesus told him, "Look at where the nails went into my hands." Thomas told Jesus, "You are my Lord. Now I believe."



# Questions to discuss

After reading the story together, you could discuss these questions as a family:

- - 2. How do you think Tomos felt when he heard that the other disciples had seen Jesus?
  - 3. What did Thomas do when he saw Jesus?
  - 4. What would you want to say to Jesus after seeing him alive?

# Short prayer

Dear God, thank You for being so patient.

Although I can't see you, please help me to believe in You.

Amen



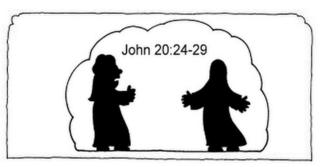


# THOMAS needs to see

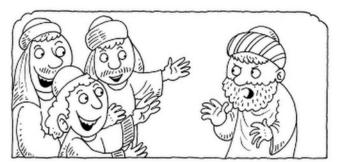
Print Free: www.lambsongs.co.nz

By Jill Kemp

Illustrated by Richard Gunther



Thomas was one of Jesus' followers. He had seen Jesus die. So, when others began to say that Jesus was alive again he doubted their story.



"Jesus is alive we saw him!"
Jesus' friends told Thomas.
"I wont believe you until I see Jesus
with my own eyes," he said

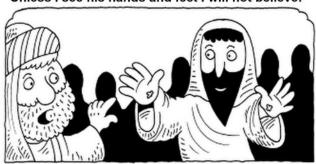


When the friends met the next week, everyone was happy, except Thomas. "How can anyone rise from the dead?" he argued. "Unless I see his hands and feet I will not believe!"



Suddenly Jesus was standing right there in the room, even though the door was shut!

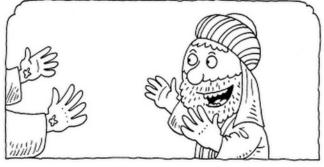
Everyone was surprised to see him, especially Thomas.



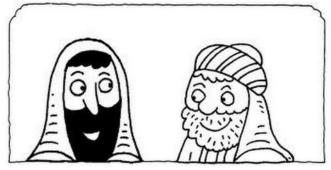
"Don't be frightened," Jesus said,
"It really is me.
Thomas, touch my hands
and see that I am alive."



Then Thomas knew that Jesus HAD risen from the dead and he believed because he had seen Jesus himself.



"Thomas, you are glad now," Jesus said,
"You believe I am alive
only because you have seen me
with your very own eyes.



In days to come,
God's favour will be on many people
who will believe in me,
although they have never seen me.

# Challenges

## **Shadow pictures**

On a sunny day, ask a member of your family to stand in the sun. Use chalk or string to create the shape of their shadow on the floor. Or use a light and some of your toys to create a shadow and draw round them on a piece of paper.

Thomas did not just see the shadow of Jesus, but the real Jesus - alive!



## Lollipop sticks puzzle

In the story of Thomas, he hadn't seen Jesus with the other disciples - it seemed as if a piece of the puzzle was missing. But when Thomas saw Jesus, the puzzle had been solved!

#### You will need:

- 10 lollipop sticks
- Masking tape
- Felt pens

#### What to do:

- Place the lollipop sticks in a row attached to each other.
- Use the tape to hold the sticks together.
- Turn them over.
- Draw round circular things to make shapes on the sticks, and colour the pattern.
- Remove the tape from the back of the sticks.
- Mix the sticks up and then try to put them back together to create the pattern.

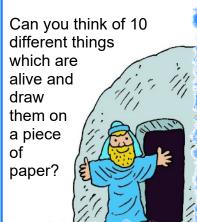






Why not make a collage of the story using different materials eg paper, material, tissue paper etc?

Jesus came back to life.





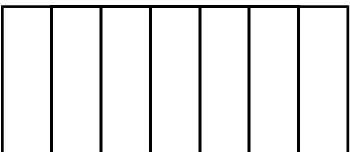
Someone has mixed up the letters.
Can you reorganise the letters of each word to find the verse?

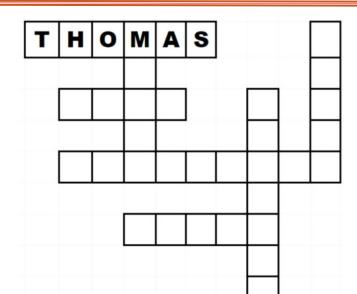
## "sBleeds ear eshot how livebee uhotwit

# genies em." noJh 02:b92

Can you redraw the picture with each strip in the correct place?







Can you fit these words from the story on the grid?

BELIEVE DISCIPLES LORD MARKS NAILS PEACE THOMAS





These things are written that you may believe That Jesus is the Christ, the son of God And that, by believing, you may have life You may have life in His name.

John 20:31 woah! John 20:31 woah! John 20:31 woah! John 20:31.



© 1998 Greg Leavers

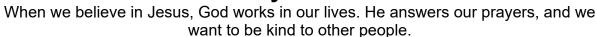
Watch this song and sing along at https://youtu.be/MwsbY0ZdodY

If you'd like a copy of the sheet music, contact Andy Hughes: ahughes@saintygymuned.org



# Creative prayer





What could you do this week for people to see Jesus in action in you?



- Label-shaped paper with a hole in one end
- Ribbon
- A piece of 'foil' paper
- Glue
- Felt pen

#### What to do:

- At one side of the label glue a square piece of foil paper (like a morror).
- At the other hand write something you want to do this week that will help people see Jesus at work in you.
- Ask God to help you do this this week.
- Tie the ribbon to the label and hang it somewhere to remind you.







With a pencil, trace the outline your hands and then draw pictures of hearts on the palms. Colour the hearts red. Write the verse under the picture. "Blessed are those who have not seen and yet believe." John 20: 29b

While you're doing this think about Thomas. He did not believe what his friends told him about Jesus coming back to life. He wanted to see for himself. Jesus appeared to Thomas and showed him his hands and then he believed.

Ask Jesus to help you believe in Him. Although we can't see him we can feel his presence when we ask Him about it











Video of the story https://youtu.be/HbXiWWt7cUE

Video of song of the week https://youtu.be/MwsbY0ZdodY





Cartoon



# DGPHRNWABOCEAHRNPWGTDSLFO



SJESUSI 5 5 X MY VQI EELET RFAAABEV K ZMLO P ZXH O D X ZUTJEAE MHD JKZLWIV DDENLYO EEKS OMECT CBT D K D DI MQJ NP ONAI KZWGTI OPL 5 RMS QNGE T GS MBGL FQRI WO JSMCALDP SBUB PXDOD TXRWJRLPPKP

TWELVE DISCIPLES THOMAS SEEN LORD NEED SEE NAIL WOUNDS LOCKED DOOR SUDDENLY **JESUS** PUT FINGER Look HANDS BELIEVE

# CRNWABOCEAHRNPWGTDSLFWABOH

## **Baked Alaska**

### Ingredients:

• One tub of vanilla flavored ice cream

### For the 'meringue'

- 3 eggs (free-range)
- 175g / 6 ounces of caster sugar

### To put the pudding together

- 2-3 tablespoons of jam
- 20cm / 8 inches of pre-cooked round sponge cake about 2.5cm / 1 inch thick





#### Method:

### Meringue

- Whisk the egg whites in a large grease free bowl until peaks form in the mixture.
- Gradually add the sugar and whisk well between each addition. Continue whisking until the peaks are glossy and firm then remove the whisk from the mixture.

### How to put together the Baked Alaska

- Put scoops of ice cream on greaseproof paper in the freezer ready to put in the pudding.
- Put a layer of jam over the round sponge cake.
- Place the pyramid-shaped scoop of ice cream on top of the sponge cake leaving 2cm border.
- Cover each piece of ice cream with the meringue mix and make sure there is no gap. Use the back of the spoon to create a curly pattern.

#### How to cook the Baked Alaska

• Preheat the oven to 200C / 400F / Gas 6 and bake for 8-10 minutes or until golden brown.

Isn't it amazing that the ice cream doesn't melt in the hot oven? This is because it is 'protected' by the 'meringue.' Think about how amazing it was for Thomas and his friends to see Jesus come back from dead - and He's alive today!



## **Disciple Dominos**

- Cut out the dominoes.
- Turn them face down and mix them up.
- Divide the dominoes between the players.
- One player starts with a double domino.
- The next player puts a matching domino next to it. If they can't go, they miss a turn.
- The player who finishes first wins.

