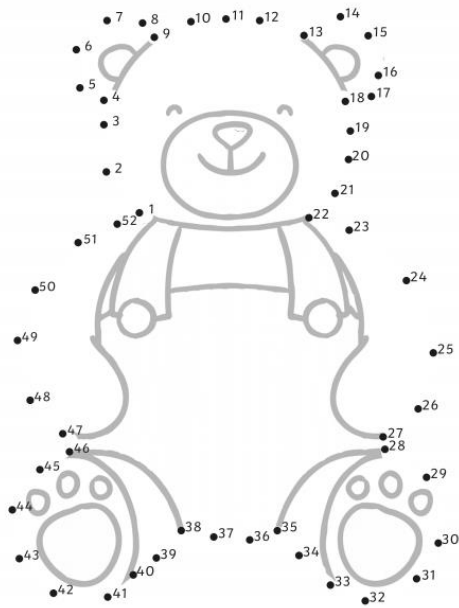


Fine Motor Ideas

Fine motor skills refer to the coordination between small muscles, like those of hands and fingers, with the eyes. Fine motor skills enable such functions as writing, grasping small objects and fastening clothing. Fine motor development is essential in developing the dexterity and strength of fingers and thumbs which enables children to mark-make and write effectively. While this is clearly important in school, it is worth remembering that writing is only a tiny part of what children need to be independent and confident in their lives.

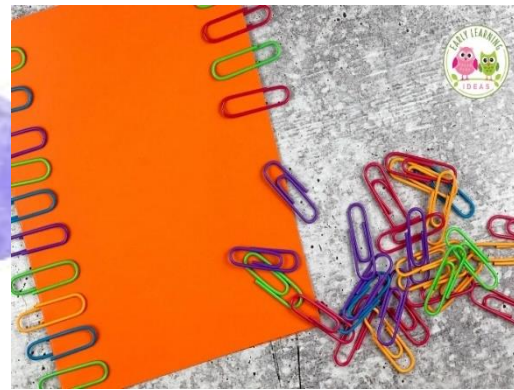
Here are some ideas for fine motor activities this week:



Carefully follow the numbers and join up the dots to reveal the picture



Paint some pasta and thread it on to string to create a colourful necklace.



Write a number on some card or paper and attach that many paperclips. Could you make a repeating pattern?



Use lego or building blocks to create a rainbow.